

the opportunity

engagement



According to Gallup's continued research ('13-'17), 70% of today's workforce remains disengaged costing US orgs upwards of \$500B annually. Top drivers for winning the hearts and minds of teams are a sense of mission, purpose, recognition and strong leadership.



wellness

A \$300B productivity issue, 66% of employees report high levels of stress with EXTREME fatigue/feeling out of control.

emotional intelligence



As AI takes hold and the speed of change and resulting stressors heighten, the talent demand for social competencies, resiliency and leadership capabilities at all levels is increasing while technical skill demands decline.

1+1=3

the sum is greater...

performance

Employees who experience a sense of belonging, purpose, achievement, happiness and vigor perform at higher levels, contribute above and beyond expectations and are more likely to stay.

ready to thrive?

Who we are: We are a coaching and consulting firm focused on **enabling you to do your best, most impactful work** through purpose and values based action.

Who we serve: any entity authentically vested in going beyond profit with a commitment to making a positive social impact!

What we do: Rooted in proven practices that **optimize human fulfillment and performance**, we offer customized solutions for our clients across the talent lifecycle to enable more resilient, aligned and focused teams. Emotional intelligence theory and our Mindful Leadership Model serve as frameworks.

the
mindful leadership
model™



- Culture and engagement strategy.
- Uncovering and socializing Mission-Vision and Values.
- Assessments: Team Culture & Engagement, DiSC, 360 Feedback.
- Customized and targeted experiential workshops.
- Career transition, displacement, and consolidation support.
- 1:1 & group coaching.
- HR consulting.

Assessments + Experiential Workshops

ROOTED IN REALITY! Usually the energy of the culture tells its' own story - you 'just know'. We take that 'knowing' further through validated processes that get to the heart of your team's real-life experiences. These learnings drive experiential workshops that enable a personalized development journey through the Mindful Leadership Model (tm), while addressing today's most critical workplace challenges.

1:1 + Group Coaching

INDIVIDUALIZED MOTIVATION! Simply put, coaching works. Rooted in the psychology and neuroscience of high performance, our team of certified coaches work one on one and in groups to enable access to your team's greatest strengths and a path creating new ways of showing up in alignment. Self awareness and self regulation establish the groundwork for social awareness and relationship management - the foundations of Emotional Intelligence.

HR Consulting

SUPPLEMENTAL SUPPORT! From complete Employee Engagement strategy development + execution - including 3rd party vendor support, business case and budget justification - to individual compensation studies and policy manual updates, we've got you covered. We supplement - *and guide* - in-house human resources expertise to elevate your people strategy.

Culture, Strategy + Internal Communications

MAKE IT STICK! Whether your purpose, values and strategy are clarified, or you are starting from a blank slate, we'll work with you to design a process that engages your workforce in 'walking the talk', keeping the big picture front, center and fresh! Our solutions range from initial dreaming stages and clarification of ideals to day-to-day action orientation, digital and physical communication pieces and software solutions that make transparency and teamwork real.



Intrigued? Let's Collaborate!

While we draw from an extensive body of work, our solutions are customized to serve your unique environment. Let's meet and determine the right solution for YOU!

Contact us to schedule a
free strategy session.